Your tried and tested Spring fundraising ideas

We've pulled together some of our best seasonal fundraising ideas that are both easy and effective! All of these ideas work just as well in public, in groups or virtually.

You may wish to charge an entry fee for friends or colleagues to take part in these fun activities and may even choose to award prizes to the winners of each challenge! Most of all, have fun and enjoy yourself whilst knowing you are making a difference to the 2.5 million patients who will benefit from your fundraising efforts.

We advise all of our supporters to set up a JustGiving page. Setting up an online fundraising platform will not only give you a place to direct people to make an online donation, but it will also allow you to keep track of your fundraising.

World Poetry Day

Hold a poetry writing competition with your friends to mark this national day in March. Once the winner is announced, post the winning poem on social media. Be sure to state that all money raised will go to Manchester Foundation Trust Charity.

Mother's Day

Use your creative flair to write a special Mother's Day poem - print out and laminate, then sell to friends, family and work colleagues for a suggested donation.

World Book Day

Dress up as your favourite book character and get all your work colleagues to join in too, asking for a donation to participate.



In support of:

Manchester Royal Infirmary Wythenshawe Hospital Royal Manchester Children's Hospital Manchester Royal Eye Hospital Saint Mary's Hospital University Dental Hospital of Manchester Withington Community Hospital Trafford General Hospital Altrincham Hospital North Manchester General Hospital

St Patrick's Day

Carefully cut out a bunch of not-so-lucky shamrocks and one lucky four-leaf clover for every four you make. Who will be lucky enough to pick the four-leaf clover from the box of standard three-leaf varieties? Ask people to donate to enter and see which participants have the luck of the Irish in the draw!

OR... you may choose to fill a pot with chocolate gold coins or sweets and get friends, family or work colleagues to guess how many are in the pot. Ask for a donation for each guess and split the money you have raised between the Charity and the person who guesses the closest to the correct amount.



Manchester Foundation Trust **Charity**

National Coin Week

Ask everyone you know to donate their spare change during National Coin Week in April. Don't forget, pennies make pounds!



Easter

Hold an Easter raffle at your place of work and charge an entry fee per ticket. Ask friends and family to donate chocolate treats to create a delicious Easter hamper for the raffle prize.

Egg and spoon race

With Spring underway, what better time to indulge in a bit of outdoor fun by holding an egg and spoon race with friends! Simply donate to enter and see who can run the fastest without dropping their hard-boiled egg.

Eurovision

Hold a good old-fashioned Eurovision sweepstake! Draw your entry from a hat of all the participating countries and charge per entry – hopefully your choice will not finish with nil point!

St George's Day

Create a quiz with questions all about England and its heritage. Your question rounds could include topics such as history, sport, geography, TV shows or music through the ages – all with an English theme of course!

May the 4th

Throw a Star Wars film marathon with popcorn and treats for all of your friends. Charge a screening fee and consider how you can create a theme of decorations – fancy dress optional!

Tea party

A great excuse to throw an afternoon tea party, all whilst raising money for our Charity! Invite friends and family over or hold the event at your place of work. You could even bake and sell cakes and hold a guess the flavour of tea competition!

British Sandwich Week

We Brits love our sandwiches – so much so, we have a dedicated British Sandwich Week in May! Donate the amount you'd normally spend on lunch to charity and bring in homemade sandwiches instead! Get creative with your fillings and have some fun by asking friends, family and colleagues to join in too.



We can support you with planning your activity and would love to hear how your fundraising is going.

Please get in touch with the Events Team on **charity.events@mft.nhs.uk** or call **0161 276 4522** for any further information or advice.







