

# Humphrey's Helpers

Help make a  
difference to poorly  
children by collecting  
as many 5p coins  
as possible



Royal Manchester  
Children's Hospital **Charity**

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# Dear Teacher

Thank you for taking part in Humphrey's Helpers – our campaign aimed specifically at primary schools raising money for both Royal Manchester Children's Hospital Charity and your school\*. Our hospital mascot, Humphrey, has set children the challenge of collecting as many 5p coins as possible to make a difference to poorly children in hospital.

**The support of your class and school really means a lot to us and will make a difference for our patients.**

The Humphrey's Helpers challenge focuses on:

- Fundraising for our play therapy services in our hospital
- Understanding the difference children can make to others
- Reaching a goal as an individual and as a group

To help with the challenge, we've suggested various activities that you may wish to use in class.

## Literacy

This worksheet has suggested activities for all ages and abilities. If any of your pupils decide to take on the haiku and/or limerick challenges, we'd love to hear about them and maybe put them on our social media channels!

## Numeracy

The toy shop activity is to help all pupils understand the difference they are making for our patients (see more about play therapy overleaf). There are three levels of worksheets for different abilities. Pupils are able to complete each worksheet based on their individual total raised and then the cumulative totals for class/year/school where appropriate. This helps to reinforce the difference that teamwork makes.

### Numeracy 1 – loosely based on Foundation/Key Stage 1

For this activity, the pupil ticks each and every toy that the total raised can buy.

### Numeracy 2 – loosely based on Key Stage 1 and 2

For this activity, the pupil works out how many of each and every toy that the total raised can buy.

### Numeracy 3 – loosely based on upper Key Stage 2

For this activity, the pupil works out what combination of toys the total raised can buy.

## Other Activities

- Set the haiku or limerick to music and create a dance
- Layout the 5p coins in the shape of Humphrey's head, the letters R, M, C, H or even your school name. This can be done in the playground or school hall – if you do undertake this, please take a photo for our social media channels (subject to appropriate consent)
- Set your pupils a creative writing task, which could be to imagine a day in hospital as a patient, nurse or doctor

We know there are hundreds of fundraising opportunities that schools can get involved with, for many different worthy causes, so your support of our Humphrey's Helpers initiative is hugely appreciated!

**Finally, overleaf is additional information on the difference that play therapy makes in hospital. If you have any questions at all, please do get in touch.**

Kind regards

Schools Fundraising Team

Tel: 0161 276 4522

All photos shown in this fundraising pack were taken pre Covid.

\*As a school you can split the funds raised by your pupils equally between your school and Royal Manchester Children's Hospital Charity. Alternatively you can opt to fundraise solely for Royal Manchester Children's Hospital Charity.



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# About Royal Manchester Children's Hospital



Royal Manchester Children's Hospital is the largest children's hospital in the UK, treating over 280,000 patients each year. We treat patients from across the North West and sometimes beyond.

## The 'bear' facts

- The hospital has the largest bone marrow transplant unit outside of London
- Our paediatric intensive care unit is the largest in the country and one of the leading centres in the North West
- Our burns unit is the largest specialist burns unit in the country
- We are the leading centre for paediatric renal (kidney) transplantation in the North West
- The hospital treats patients from as far North as Cumbria and as far South as Stoke, as well as treating some patients on a national or international basis
- The hospital has over 2,500 staff



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# Therapeutic and Play Services

The play team at Royal Manchester Children's Hospital provides one of the largest and most comprehensive hospital play services in the UK and Europe. The money raised from Humphrey's Helpers supports play therapy in our hospital, providing toys and play equipment for our young patients.

Humphrey's  
Helpers

## Why is play needed in hospital?

Play is an important part of the medical care we provide for children and young people because it:

- Is a normal part of childhood
- Creates a link between home and hospital – this helps children adapt to a strange environment
- Helps children understand and cope with hospital procedures
- Aids the medical assessment of a child – which helps towards a speedy recovery
- Helps children cope with pain and work through fear, discomfort, anger and a whole range of emotions

## Play specialist staff

Most wards have play specialists or play leaders who are usually available Monday to Friday. Some wards have occasional cover for evenings and weekends.

All play staff are trained childcare practitioners with specialist hospital play qualifications.

## How the play specialist helps our patients

Play specialists can help:

- A patient understand their condition and the experience they will have in hospital
- Achieve developmental goals for children of all ages and abilities, catering for individual needs in both group and individual play sessions
- Prepare for individual procedures, such as blood tests, by offering coping strategies and distraction
- Support children referred for needle phobia or difficulty with treatments
- Support families, especially brothers and sisters
- Support children with special needs

## Play provision

As well as bringing play to patients in their hospital bed, there is a playroom or area on each ward. The play team ensures that there are age appropriate toys, games and books. Your support will directly help this important work.

## Sensory Rooms

These rooms offer children of all ages the opportunity to chill out away from noisy and busy wards. They can help children prepare themselves for operations and other procedures. Play specialists use the rooms to work with children with additional needs as well as those recovering from trauma or surgery.

Patients and staff experiencing sensory play therapy in action.

# Humphrey's Helpers Literacy Activity Sheet 1



As one of Humphrey's Helpers, you may be asked why you are collecting 5p coins, so as a fundraiser it's a good idea to have an answer prepared. Any of these activities will help you be prepared.

## Activity 1

Can you learn and say these sentences? If you copy them out, this may help you to learn them.

- **Sentence A**  
I am collecting 5p coins to buy toys for poorly children in hospital
- **Sentence B**  
Royal Manchester Children's Hospital is the biggest children's hospital in the country, so they need lots of toys for all the children that are looked after there
- **Sentence C**  
The money I collect will help make a difficult time easier for patients at Royal Manchester Children's Hospital

## Activity 2

If you feel up to the challenge, why not make up your own sentence or sentences. You may want to use alliteration, rhyming or make up a poem.



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# Humphrey's Helpers Literacy Activity Sheet 2

## Activity 3

Know your facts! How many of these facts about the hospital can you learn?  
Royal Manchester Children's Hospital...

1

... is the largest children's hospital in the country.

2

... treats 280,000 children each year.

3

... treats children from across the North West and beyond.

## Activity 4 – Humphrey's Helpers Haiku and Limerick

Are you up to an additional challenge? Can you write a haiku or a limerick about why you are collecting 5p coins? A haiku is a traditional Japanese form of poetry with three lines. The first line has five syllables, the second line seven syllables and the third line five syllables.

A limerick is a short poem which is usually funny, with a very strong rhythm and a particular way of rhyming. In a limerick, lines one, two and five rhyme and lines three and four rhyme.

Here are Humphrey's attempts (he found the limerick hard!):

### Haiku

Humphrey's Helpers help  
To raise money to buy toys  
For poorly patients

### Limerick

There was once a bear called Humphrey  
Who was never ever grumpy  
In hospital girls and boys  
Need lots and lots of toys  
So his Helpers collected money!



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# Humphrey's Helpers Numeracy Activity Sheet Toy Shop 1

**Name:** \_\_\_\_\_ **Class:** \_\_\_\_\_

I have/My class/year group/school has collected \_\_\_\_\_ 5p coins.

This adds up to £ \_\_\_\_\_ (ask your teacher for help if you need it).

Put a tick next to all of the toys the hospital could buy with the money you have raised.

<p><b>1 felt tip pen 15p</b></p>	<p><b>A pack of 12 felt tip pens £1.80</b></p>	<p><b>Stickers £2.00</b></p>
		
<p><input type="radio"/> Yes, the hospital could buy this</p>	<p><input type="radio"/> Yes, the hospital could buy this</p>	<p><input type="radio"/> Yes, the hospital could buy this</p>
<p><b>Top Trumps £5.00</b></p>	<p><b>Where's Wally book £8.00</b></p>	<p><b>Monopoly £20.00</b></p>
		
<p><input type="radio"/> Yes, the hospital could buy this</p>	<p><input type="radio"/> Yes, the hospital could buy this</p>	<p><input type="radio"/> Yes, the hospital could buy this</p>
<p><b>Playmobil set £50.00</b></p>	<p><b>Play village toy set £120.00</b></p>	<p><b>Gaming console £250.00</b></p>
		
<p><input type="radio"/> Yes, the hospital could buy this</p>	<p><input type="radio"/> Yes, the hospital could buy this</p>	<p><input type="radio"/> Yes, the hospital could buy this</p>

Which of these toys do you think a patient would like to play with?

\_\_\_\_\_



# Numeracy Activity Sheet

## Toy Shop 2

Name: \_\_\_\_\_ Class: \_\_\_\_\_

I have/My class/year group/school has collected \_\_\_\_\_ 5p coins.

This adds up to £ \_\_\_\_\_ (ask your teacher for help if you need it).

Put a tick next to all of the toys the hospital could buy with the money you have raised.

Work out how many of each toy you could buy with the amount you have raised and put the answer in the circle under the toy.

<p><b>1 felt tip pen</b> 15p</p>	<p><b>A pack of 12 felt tip pens</b> £1.80</p>	<p><b>Stickers</b> £2.00</p>
		
<p><input type="radio"/> The hospital could buy this many felt tip pens</p>	<p><input type="radio"/> The hospital could buy this many packs of felt tip pens</p>	<p><input type="radio"/> The hospital could buy this many sticker packs</p>
<p><b>Top Trumps</b> £5.00</p>	<p><b>Where's Wally book</b> £8.00</p>	<p><b>Monopoly</b> £20.00</p>
		
<p><input type="radio"/> The hospital could buy this many Top Trumps games</p>	<p><input type="radio"/> The hospital could buy this many Where's Wally books</p>	<p><input type="radio"/> The hospital could buy this many Monopoly games</p>
<p><b>Playmobil set</b> £50.00</p>	<p><b>Play village toy set</b> £120.00</p>	<p><b>Gaming console</b> £250.00</p>
		
<p><input type="radio"/> The hospital could buy this many Playmobil sets</p>	<p><input type="radio"/> The hospital could buy this many village sets</p>	<p><input type="radio"/> The hospital could buy this many games consoles</p>

# Numeracy Activity Sheet

## Toy Shop 3

Name: \_\_\_\_\_ Class: \_\_\_\_\_

I have/My class/year group/school has collected \_\_\_\_\_ 5p coins.

This adds up to £ \_\_\_\_\_ (ask your teacher for help if you need it).

Work out what combination of toys the hospital could buy with the money you have raised.

Try to spend as much of the money as possible.

<p><b>1 felt tip pen</b> 15p</p>	<p><b>A pack of 12 felt tip pens</b> £1.80</p>	<p><b>Stickers</b> £2.00</p>
		
<p><input type="radio"/> at £0.12 each = £</p>	<p><input type="radio"/> at £1.50 each = £</p>	<p><input type="radio"/> at £2.00 each = £</p>
<p><b>Top Trumps</b> £5.00</p>	<p><b>Where's Wally book</b> £8.00</p>	<p><b>Monopoly</b> £20.00</p>
		
<p><input type="radio"/> at £5.00 each = £</p>	<p><input type="radio"/> at £8.00 each = £</p>	<p><input type="radio"/> at £20.00 each = £</p>
<p><b>Playmobil set</b> £50.00</p>	<p><b>Play village toy set</b> £120.00</p>	<p><b>Gaming console</b> £250.00</p>
		
<p><input type="radio"/> at £50.00 each = £</p>	<p><input type="radio"/> at £120.00 each = £</p>	<p><input type="radio"/> at £250.00 each = £</p>

I/we have spent £ \_\_\_\_\_ so there  
would be £ \_\_\_\_\_ remaining.

# Humphrey's Helpers



## We did it!

Thank you to everyone who  
took part and supported our  
Humphrey's Helpers challenge.

We raised a wonderful

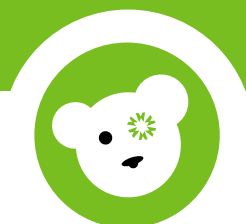
£

for Royal Manchester Children's Hospital Charity

Find out more about the Charity at  
[rmchcharity.org.uk](http://rmchcharity.org.uk)

  Royal Manchester Children's  
Hospital Charity   @RMCHcharity

Part of Manchester Foundation Trust Charity, registered with the Charity Commission  
as Manchester University NHS Foundation Trust Charity. Registered charity 1049274.



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## Donation Payment Form

Thank you so much for taking part in Humphrey's Helpers on behalf of Royal Manchester Children's Hospital Charity. Once you have completed your fundraising, simply fill in your details below and pop the completed form, along with the money raised, in the post to us. Please feel free to send us any photos of your fundraising activity too – we'd love to see your efforts!

### Please fill in your details below:

Name: \_\_\_\_\_

Name of school: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Event organiser's name (if different to above): \_\_\_\_\_

Number of people that have participated in your challenge: \_\_\_\_\_

Total amount raised: \_\_\_\_\_

### Donations to be made by:

**Online** – Please visit [rmchcharity.org.uk/donation-form-general](http://rmchcharity.org.uk/donation-form-general) to make a donation online.  
Please provide details of the date you made the payment here: \_\_\_\_\_

**Cheque** – Cheques should be made payable to Royal Manchester Children's Hospital Charity.  
If you are paying by cheque, please detail the number of cheques enclosed: \_\_\_\_\_

**Bank transfer** – Please contact us for details on **0161 276 4522**.  
Once you have made the payment, please provide details of payment reference and the date you made the payment here: \_\_\_\_\_

Once we have received your donation we will send you a thank you letter and certificate detailing the amount you have raised.

If you prefer to receive your thank you by email, please tick and provide your email address here: \_\_\_\_\_

If you would prefer not to receive a thank you, please tick here.

Please tick here if you would like to sign up to receive our e-newsletter, to stay informed about more charity news, projects and events you could get involved in. If you haven't already, please provide your email address below: \_\_\_\_\_

You can unsubscribe from receiving our charity e-newsletter at any time and you can view our Privacy Policy at: [rmchcharity.org.uk/privacy-policy](http://rmchcharity.org.uk/privacy-policy)

### For office use only

Campaign code: \_\_\_\_\_ Appeal code: \_\_\_\_\_

Fund: \_\_\_\_\_ To be acknowledged by: \_\_\_\_\_

How to return your form:

By email: [charity.office@mft.nhs.uk](mailto:charity.office@mft.nhs.uk)

By post: Royal Manchester Children's Hospital Charity, Citylabs 1.0, Maurice Watkins Building, Nelson Street, Manchester M13 9NQ

# Get in touch

Contact the Schools Fundraising Team

[community.fundraising@mft.nhs.uk](mailto:community.fundraising@mft.nhs.uk)

0161 276 4522

[rmchcharity.org.uk](http://rmchcharity.org.uk)



We aim to make a real difference to the children and young people in our care by ensuring they continue to receive the highest quality treatment in the highest quality facilities.



We would love to stay in touch!

Sign up to receive our regular e-newsletter at [rmchcharity.org.uk/contact/lets-keep-touch](http://rmchcharity.org.uk/contact/lets-keep-touch)

  Royal Manchester Children's Hospital Charity

  @RMCHcharity

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