

# **GREAT MANCHESTER RUN** JUNIOR & MINI

17th May 2025



1.5K

2.5K



**FUNDRAISING  
GUIDE**

Manchester Foundation  
Trust **Charity**

# WELCOME TO THE TEAM!

Thank you for registering your junior or mini runner in the 2025 Great Manchester Run in support of our family of hospitals. They are now part of our team of runners taking on the Junior and Mini routes, along with our adult supporters taking on the 10K and half marathon Great Manchester Run too! We're so grateful for your family's support.

## What to do next...

### Set up your fundraising page

As you are using one of our charity entry places, you have made a commitment to raise a minimum of £100 in sponsorship, so it is time to set up an online fundraising page. Setting up a JustGiving page will make it easy to share your child's fundraising with friends, family or colleagues. To set up your challenge page visit <https://www.justgiving.com/campaign/mftgmr2025mjr>.

### Fundraising as a team?

If your little runner is running with a sibling or a friend, you can set up a team JustGiving page so you can keep track of all of your fundraising in one place. You can do this by using the 'Team' function on your individual fundraising page.

### Use this pack

We have filled this pack full of information we hope you will find useful – from fundraising ideas, to stories of just some of the ways your fundraising will make a real difference to patients, young and old, throughout our hospitals.

### And finally...

Don't forget to close down your JustGiving page after the run, so we know you have completed your fundraising!

### Get your free running t-shirt

Once we receive the notification that you have set your fundraising page up, we will send you a free Charity t-shirt and training snood. We hope your child will wear their t-shirt on the big day to let everyone know who they are running for! The t-shirt will be mailed within two weeks of setting up your page.

## THANK YOU FOR SUPPORTING OUR HOSPITALS AND BEING PART OF OUR TEAM!

### We're here to help...

If you would like to talk to our team about any aspect of your fundraising, please let us know by dropping us an email or giving us a call.

Email: [charity@mft.nhs.uk](mailto:charity@mft.nhs.uk) Tel: 0161 276 4522

## TOP FUNDRAISING TIPS

We've put together this handy guide to help you maximise your fundraising and to ensure your child's sponsorship money starts rolling in.

### Share on your social channels

As your fundraising income continues to grow, don't be afraid to share your runner's progress on your social platforms. Don't forget to tag us in your posts!

### Share your little runner's story

Let their supporters know what's motivated them to take part in this year's run and whether they have any training plans ahead of the big day.

@MFTCharity

@MFT\_Charity

Manchester Foundation Trust Charity

### Start a countdown

In the run up to the event, be sure to let everyone know how many days left until the big day your mini (or junior) runner competes in their run.

### Record milestones

As part of your updates, let your supporters know when you've reached those milestones towards your fundraising target and thank them for their donations.





# THE DIFFERENCE YOU WILL MAKE



The money raised by taking part in this year's Junior & Mini Great Manchester Run will help make a difference to the 2 million patients cared for across our family of hospitals each year.

Here are just some of the examples of how your fundraising can make a real and lasting impact:

**£20**

could purchase an animatronic pet – a lifelike cat or dog to provide companionship for a patient with dementia.



**£50**

could support our specialist Healthcare Play team, giving our younger patients the opportunity for playful, fun distraction and therapies during their time in hospital.



**£100**

could help to fund a tactile and sensory wayfinding system to enable blind and visually impaired visitors to find their way around our eye hospital independently.



**£250**

could provide home comforts in specialist bereavement rooms for grieving parents experiencing the loss of their new-born child.

**£400**

could contribute towards vital research projects to improve our understanding of illnesses and invest in life-saving therapies.



# DONATION FORM

Thank you for taking part in this year's Great Manchester Run in support of our family of hospitals.

This form provides guidance on how to return your fundraising.

## Please fill in your details below:

Name:

Name of organisation (if applicable):

Address:

Postcode:

Total amount raised:

If you would like your sponsorship to support a specific hospital, please provide details here:

## Donations to be made by:

☐

**Online** – Please visit **mftcharity.org.uk** to make a donation online.

Please provide details of the date you made the payment here:

☐

**Cheque** – Cheques should be made payable to Manchester Foundation Trust Charity.

If you are paying by cheque, please detail the total value and number of cheques enclosed:

☐

**Bank transfer** – Please contact us for details on **0161 276 4522**.

Once you have made the payment, please provide details of payment reference and the date you made the payment here:

Please let us know if you would like to receive a letter of thanks.

☐

By email please

☐

By post please

☐

Please tick here if you would like to sign up to receive our e-newsletter, to stay informed about more charity news, projects and events you could get involved in. If you haven't already, please provide your preferred email address below:

You can unsubscribe from receiving our charity e-newsletter at any time and you can view our Privacy Policy at [mftcharity.org.uk/privacy-policy](http://mftcharity.org.uk/privacy-policy).

How to return your form: By email: **charity@mft.nhs.uk**

By post: Manchester Foundation Trust Charity, Cobbett House, Oxford Road, Manchester M13 9WL.

# THANK YOU!



Manchester Foundation  
Trust **Charity**

# GREAT MANCHESTER RUN

**THANK YOU!**

for making a difference  
to the patients and  
families who are  
treated by our family  
of hospitals.

## Our hospital family:

North Manchester General Hospital, home to the region's specialist infectious diseases unit.

Manchester Royal Infirmary, a national centre for services including kidney and pancreas transplants, liver surgery and rheumatology.

Wythenshawe Hospital, recognised as a centre of clinical excellence, with specialisms in heart and lung transplantation, cancer and breast care services and respiratory conditions.

Royal Manchester Children's Hospital, the largest and busiest children's hospital in the UK.

Manchester Royal Eye Hospital, providing world class ophthalmic care to the people of Manchester and the North West, and first hospital in the country to offer community eye clinics on the high street.

Saint Mary's Hospital, providing world class medical services for women, babies and children as well as a comprehensive Genomics Centre and an internationally recognised teaching and research portfolio.

The University Dental Hospital of Manchester, a major dental teaching hospital for the UK.

Withington Community Hospital, offering diagnostic treatment, day surgery and community services.

Trafford General Hospital, the birthplace of the NHS.

Altrincham Hospital, providing general specialist and diagnostic and outpatient services, including kidney dialysis clinics.



  Manchester Foundation Trust Charity

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Registered with the Charity Commission as Manchester University NHS Foundation Trust Charity.  
Registered Charity 1049274.



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